



VOLUNTEER MENTOR FREQUENTLY ASKED QUESTIONS

FAQS

WHY DO MENTEES NEED HELP FROM A VOLUNTEER MENTOR?



Life for young people today can be incredibly challenging. Poor mental health, low self-esteem, anxiety, and loneliness are just some of the issues the young people we support are struggling with.

However, when you begin your journey with your mentee, all you'll know are the things that truly matter - their interests, hobbies, and the hopes they hold for the time they'll spend with you. You'll be a positive role model in their lives, making a difference one step at a time.

HOW ARE MENTEES REFERRED TO MENTORING PLUS?



Our mentees are usually referred by their school or family. Once they come to us, we work closely with them to ensure they genuinely want to be mentored and understand what's involved. We spend a few weeks getting to know them, exploring what their hopes are for mentoring, where they need support and what their interests are.

WHY DOES MENTORING PLUS NEED VOLUNTEER MENTORS?



What makes Volunteer Mentoring so successful and special, is that both mentor and mentee have chosen to be there. Our mentees know their Volunteer Mentor will support them without judgement or agenda, and time with their Volunteer Mentor is time when they can just be themselves, relax and have fun.

FAQS

WHEN AND WHERE CAN I VOLUNTEER?



We need Volunteer Mentors right across Bath & North East Somerset. When you express your interest / apply you can tell us which day, time and location would work best for you.

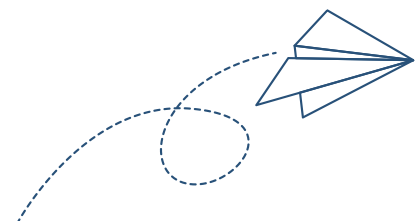
Sessions last between 1-2 hours each week and take place Monday-Friday. For children aged:

- 7-11 - sessions are 1 hour and take place during term-time and in school hours
- 11-25 - sessions are up to 2 hours and usually take place outside of school hours, often between 6pm-8pm, and throughout the year.

HOW DO I MANAGE TIME AWAY FROM MENTORING? E.G. HOLIDAY

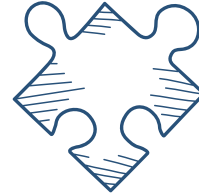
For mentoring to be successful, we need our Volunteer Mentors to be reliable and available each week. However, we do not expect you to mentor 52 weeks a year.

If you are unable to attend your weekly session or are planning some time away, all we ask is that you give your mentee a bit of notice and rearrange your session when possible.



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WHAT BACKGROUND CHECKS DO YOU DO?



We welcome Volunteer Mentors from all walks of life and backgrounds.

As you would expect, the safety of our young people is paramount. During our recruitment process, we will ask for:

- A recent DBS check and any disclosures are subject to a risk assessment process
- References - and we will follow up with care.
- Any CV gaps to be accounted for

We will also ask you why you want to join us as a Volunteer Mentor.

HOW DO I APPLY TO BECOME A VOLUNTEER MENTOR?



If you would like to help us change the lives of young people in Bath & North East Somerset, we would love to hear from you. You can either:

Apply using our online form

Call our Volunteer Coordinator, Chris Hart, on **01225 429694** for a no-obligation chat or email at [**volunteering@mentoringplus.net**](mailto:volunteering@mentoringplus.net)