



We are an independent charity, supporting young people in Bath & North East Somerset who are facing challenges. For 25 years, we have been helping 5-25 year olds feel connected through:

AWARD-WINNING MENTORING SCHEMES

YOUTH CLUBS

INSPIRING ACTIVITIES PROGRAMMES



Our vision is a world in which all young people feel safe, feel heard and feel hopeful for their future.



GET INVOLVED

We offer a range of opportunities to help you improve employee wellbeing, upskill your team and work towards your business' social goals.

By choosing to engage with Mentoring Plus, your business will make a huge difference to the happiness and wellbeing of young people in your community.

DIRECT VOLUNTEERING

Volunteer Mentoring

UPSKILLING
YOUR TEAM



Cost: Free

FUNDING PROJECTS

Mentor Training



Cost: From £500 per half day

Volunteer Days

TEAM
BUILDING



Cost: Materials only

Fundraising Events



Cost: Free



UPSKILLING YOUR TEAM / DIRECT VOLUNTEERING

VOLUNTEER MENTORING -1-2 HOURS PER WEEK

What we offer: Through our Volunteer Mentoring Programme, we will train and support your employee to mentor a young person for up to 12 months. They will be a kind and positive role model, and help their mentee explore their interests and create the space they need for change.

Business benefits: Supporting your employees to volunteer will enable them improve their own personal wellbeing and develop valuable and transferable skills.

Download our [Volunteer Mentor Pack](#) to find out more

HOW TO ENGAGE YOUR TEAM

- Book us for a lunch & learn (in person/online)
- Spread the word - use our comms assets to promote Volunteer Mentoring
- Support your employees to integrate mentoring into their working day (volunteer mentoring can take place inside or outside of core hours)
- Share the impact your employees are making

TEAM BUILDING / DIRECT VOLUNTEERING

VOLUNTEER DAYS

What we offer: Volunteer Days can be adapted to align with interests and budget and involve transforming our Riverside Hub, which is a special and safe place for the young people we support.

Whether your staff are green-fingered, or looking to pick up a paintbrush and don overalls, there are plenty of options.

Cost: related materials only

Business benefits: Volunteer Days can help to reconnect your team, strengthen workplace culture, and improve employee wellbeing.

HOW TO ENGAGE YOUR TEAM

- Contact us to discuss your team goals, interests
- Book your Volunteer Day and enjoy
- Share your great work on social
- Come back for more!





UPSKILLING YOUR TEAM / FUNDING PROJECTS

MENTOR TRAINING IN THE WORK PLACE

What we offer: Our expert practitioners can deliver a bespoke training session (ideally in-person) including:

- Mentoring - role and impact
- Mentoring practice - techniques, goal setting
- Boundaries and avoiding common challenges

Cost:

Half Day session from £500

Includes: presentation, training resources

Business benefits: Mentor training can accelerate skill sharing and enable your team to strengthen core skills.

HOW TO ENGAGE YOUR TEAM

- Contact us to discuss your requirements
- Select the session to best meet your needs
- Book our team for refresher / new starter training sessions

TEAM BUILDING / FUNDRAISING EVENTS

TEAM FUNDRAISING EVENTS

What we offer: We can support your team to get involved with a brilliant Bath fundraising event, including the Bath Half and Bath Dragon Boat Race.

Business benefits: Fundraising events are a fantastic space for team building and a great way to embed your business' commitment to achieving its social goals.

By choosing to fundraise for Mentoring Plus, you will help young people aged 5-25 access vital support, and feel safe, heard and hopeful for their future.

HOW TO ENGAGE YOUR TEAM

- Check out our latest [fundraising opportunities](#)
- Get in touch with our team
- Get your team involved with fundraising and training
- Share the fun on social



THE DIFFERENCE YOUR BUSINESS WILL MAKE

The young people we support are struggling with multiple challenges, from poor mental health, low self-esteem, and loneliness, to family breakdown, and poverty.

Despite the complex battles young people are facing, the support available is dwindling, leaving many alone and unsure where to turn.

However, with your support, we can help meet the increasing need amongst young people aged 5-25 years old, and continue to deliver our life changing mentoring and activities programmes.





NEXT STEPS

If you would like to know more or discuss your requirements with us, please contact our team:

Call: 01225 429 964

Email: inspire@mentoringplus.net

www.mentoringplus.net

Charity No. 1112534

GENEROUSLY SUPPORTED BY OUR FUNDERS

